

Colossians: Christ In Us

Colossians 2:16-23

Sermon: Shadows and Substance

Sermon Theme: *Jesus invites us to find fullness by holding fast to him and nothing else.*

OPENING QUESTIONS

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Group leaders, you are challenged to come up with 2 discussion starter-questions that either relate to the sermon or are relevant to your specific growth group.

THE WORD READ

- Have the text read aloud in your group by either nominating someone or by taking turns.

Colossians 2:16-23 (ESV), <sup>16</sup>Therefore let no one pass judgment on you in questions of food and drink, or with regard to a festival or a new moon or a Sabbath. <sup>17</sup>These are a shadow of the things to come, but the substance belongs to Christ. <sup>18</sup>Let no one disqualify you, insisting on asceticism and worship of angels, going on in detail about visions, <sup>19</sup>puffed up without reason by his sensuous mind, <sup>19</sup>and not holding fast to the Head, from whom the whole body, nourished and knit together through its joints and ligaments, grows with a growth that is from God.

<sup>20</sup>If with Christ you died to the elemental spirits of the world, why, as if you were still alive in the world, do you submit to regulations— <sup>21</sup>“Do not handle, Do not taste, Do not touch” <sup>22</sup>(referring to things that all perish as they are used)—according to human precepts and teachings? <sup>23</sup>These have indeed an appearance of wisdom in promoting self-made religion and asceticism and severity to the body, but they are of no value in stopping the indulgence of the flesh.

- Have your group pray that Holy Spirit would work in your group so the group would have a fuller grasp of the text, have a great discussion, and would grow as friends.

THE WORD DISCUSSED

- Watch the sermon discussion video, taking note of points for later discussion.
- What new insights into the sermon or the text did you discover through this video?

THE WORD PREACHED

- How has your knowledge of God deepened through this sermon?
- How has your understanding of the world broadened through this sermon?
- How has your awareness of yourself been enriched through this sermon?
- What new truths about the Christianity, the Church, or Christ have you discovered through this sermon?

THE WORD LIVED

- In what ways were you personally comforted in your walk with Christ through this sermon?
- Where were you personally convicted by the Holy Spirit in the area of holiness through this sermon?

## PEACE GROWTH GROUP DISCUSSION GUIDE

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- How were you personally commissioned to live more fully for God through this sermon - and how can this group pray to support you and hold you accountable to this?

### CLOSING PRAYER

Spend some time as a group praying for each other's needs. (Group Leaders, be mindful of on-going prayer requests.) Challenge everyone to pray aloud.